

Worcestershire M.E. Support Group

for people affected by
 M.E. (Myalgic Encephalomyelitis)
 CFS (Chronic Fatigue Syndrome)
 PVFS (Post Viral Fatigue Syndrome)
 FMS (Fibromyalgia Syndrome)

Aims and Activities		
Name of organisation	Worcestershire M.E. Support Group	
Tel no.	01886 888419	
E Mail	worcsmegroup@yahoo.co.uk	
Website	http://worcsmegroup.weebly.com Links from this website take you to - The M.E. National Charities M.E. Support Groups across the Country Disability Information	
Chairman	Ian Logan 1 The Old School House Church Lane, Martley, Worcester WR6 6QA	01886 888419
Vice Chair	Vacancy	
Treasurer	Peter Goodbury Willow Cottage, Lower Dingle West Malvern, Worcs WR14 4BQ	01684 563868
Secretary/ Co-ordinator	Vacancy	
Patient/Carer Contacts	Audrey Hammond Jill Pigott	01562 822834 01905 455187
Parent/Children Contacts	Mike and Marg Foster	01562 850212

Areas covered	County of Worcestershire	
Monthly meetings	Meetings currently held in - Droitwich, Pershore, Worcester, Malvern and Kidderminster. (all months except August and January)	
Worcestershire Area Contacts	Area Contacts based in Bromsgrove, Droitwich, Hagley, Evesham & Pershore, Malvern & Worcester, Redditch and Wyre Forest	

Contd/.....

Patrons:	Harriett Baldwin MP (West Worcestershire); Mark Garnier MP (Wyre Forest); Peter Luff MP (Mid-Worcestershire); Karen Lumley MP (Redditch).
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**Worcestershire
M.E. Support Group**

Aims:	<ol style="list-style-type: none"> 1) To raise greater public awareness 2) Support sufferers, their carers, friends and relatives
Activities:	<ol style="list-style-type: none"> 1) Raise awareness through - <ol style="list-style-type: none"> a) Increasing membership of Worcestershire M.E. Support Group. b) Worcestershire M.E. Support Group's bi-monthly newsletter - 'InforME'. c) Contact with the Herefordshire & Worcestershire CFS/ME Local Multi-Disciplinary Team (LMDT) d) Contact with the GP Practices in Worcestershire. e) Contact with all MPs who represent members of our Group. f) Local Media - newspapers, and radio. g) Produce publications, and posters 2) Give support by - <ol style="list-style-type: none"> a) Hold group monthly meetings in Worcester, Droitwich, Malvern, Pershore and Kidderminster - All people with M.E., CFS and FMS, their carers, friends and relatives, are welcome at the Group's informal gatherings. (Children welcome - young people under the age of 18 to be accompanied by an adult) Worcestershire M.E. Support Group gatherings are held to - <ul style="list-style-type: none"> • Share information gained from personal experience • Give and receive practical help • Obtain social contact • Receive understanding and acceptance from other sufferers • Relieve the isolation b) Circulating Worcestershire M.E. Support Group's newsletter - 'InforME' c) The Group is part of the Group Friends of ME Research UK scheme - we urgently need a medical breakthrough in ME/CFS and recognise that only biomedical research can achieve this goal. d) The Group is a member of the West Midlands ME Groups (WMMEG) Consortium - formed in November 2006 enabling us to become a registered stakeholder for the NICE (National Institute for Health and Clinical Excellence) CFS/ME Guideline published in August 2007. e) The Group is a Tymes Trust Partner Group (The Young ME Sufferers Trust) f) Further local group meetings to be formed g) Area telephone contacts h) The Group is a member of the LocalME ME Group - The main aim of this forums is to assist communication across the country, in the knowledge that ME groups, large and small, can benefit from sharing local and national news, information, hopes and concerns. The members-only groups, with the support of well known doctors in the field, share news and views on an internet e-group system. News is forwarded to Worcestershire Group members.