

EXISTING CLINICAL SERVICES

- 1 What diagnostic and management services do you currently provide for people suffering from ME/CFS? This should include, where appropriate, information on services for children and adolescents, and those in the severely affected group who are likely to require domiciliary services for all or most of the time.
- 2 Which health professionals are involved in the service, and how many of each? What specialty is the lead health professional for the service?
 - cognitive behaviour therapist
 - counsellor
 - dietician
 - general practitioner with special interest
 - nurse practitioner
 - occupational therapist
 - paediatrician
 - physician
 - physiotherapist
 - psychiatrist
 - psychologist
- 3 Which health professionals are normally involved in the assessment of patients at the initial consultation?
- 4 What ME/CFS treatment training is offered to medical staff who work in your catchment area and can you describe this training, its frequency and how many staff have made use of it?
- 5 Do you provide information and advice on the possible causes, nature and treatment of ME/CFS to patients? What advice is provided?
- 6 How many people within your region have a confirmed diagnosis of ME? If you do not have an accurate figure, are you currently in the process of calculating one?
- 7 Which nomenclature do you use when making a diagnosis?
 - ME
 - CFS
 - ME/CFS
 - PVFS (Post Viral Fatigue Syndrome)
 - Unexplained Chronic Fatigue
 - Other
- 8 Does the service offer a diagnostic facility?

9 Which of the following aspects of management are covered by either advice or information:

- benefits
- cognitive behaviour therapy
- counselling
- domiciliary service for severely affected
- graded exercise therapy
- nutrition
- occupational health advice
- pacing
- symptom relief

10 Does the service have any active link to either a local or national patient support group? Are CFS/ME patients directed towards local or national ME Support Groups?

11 Does the service operate on a particular model of ME/CFS? – i.e. that it is basically a psychosomatic disorder, a neurological disorder, or a clinically heterogeneous disorder.

12 What is the current waiting list time for new referrals to be seen?

13 How many patients were seen in the years for which figures are kept?

14 What plans, if any, do you have for extending any existing services or opening new services?

NB: If more than one specific service is in operation please provide a separate summary for each service.

FUNDING FOR EXISTING CLINICAL SERVICES

15 What funding have you made available in the financial year 2007 – 2008 to provide services for people with ME/CFS?

16 What funding was provided in the previous financial years?

17 Is this level of funding adequate? If no, how much extra funding is required?

18 What funding is proposed for 2008 – 2009?

19 What funding do you feel would be necessary to fully implement the recommendations contained in the 2007 NICE guideline on ME/CFS?

WHERE NO CLINICAL SERVICES CURRENTLY EXIST:

20 What plans do you have to introduce new clinical services for people with ME/CFS?

21 If no plans exist, why are no services being provided or planned?

22 What currently happens to people where a specialist referral is required for either diagnosis or management advice?

AUDIT OF EXISTING CLINICAL SERVICES

23 Do you offer a specialist ME clinic?

24 What procedures are in place to measure patient outcomes?

25 If outcomes are being measured, please provide a summary of results that are currently available

26 What procedures are in place to measure patient satisfaction?

27 If patient satisfaction is being measured, please provide a summary of results that are currently available.

28 If patient outcomes and satisfaction levels are not being audited please explain why.

ENDS