

Letter from Ian Logan, chairman of the Worcestershire ME Support Group.

Dear All,

This will probably be my last message to our ME group. It is the end of an era which I have been involved in for over 25 years. Thank you to all those who have run the group or helped in any way over this long time. Very few things have got better for sufferers of ME/CFS/FM; the recognition that the condition is 'real' and that the psychiatric label is being slightly eroded at long last is some encouragement.

The 'File on 4', radio programme that was broadcast on BBC 4 (27.06.17) highlighted the plight still affecting parents of children with ME etc., blaming / suspecting the ME of causing the child's illness, Münchausen Syndrome by Proxy - such wonderful words of psychology to sound professionally accurate.

Such seriously wrong ideas still persist after all these years. Interestingly we have had very few adults contacting us about children, compared to adult contacts. We always gave them all possible information, including the children's ME organisations.

Karin and myself will still be here to answer peoples' enquiries and I am prepared to answer people's enquiries over the phone; Jill and Mark Pigott will still run the website under the heading 'Worcestershire ME Social Group', at least for the time being, but the few of us left running the group wanted to step back, at least from the monthly meetings and the group's necessary administration, and sadly, there were not enough people coming forward to take over from us.

There is too much to do still in life!

My thanks have to go especially to Jill and Mark for all their years of work with newsletters, printing information and running the web site; to Peter Goodbury for all he has done in recent years, often unseen as treasurer, and for his advice, knowledge and expertise on how to correctly proceed with the administration and correct way of dissolving the group and handling its finances to bring about closure. Without his help I would have struggled and been lost many times. Also, and not least, my thanks to Warwick Davis for his continued support over many years, despite his fluctuating illness.

I will try and attend the lunch meetings that Warwick still arranges, but have to confess that I have missed a few this year, as I am back to normal and have re-started working on our house, something I never thought I would be able to do ever again.

Now I am 70 and doing what I did when I was in my 40's, before ME.

It is my hope that all might reclaim their full health and happiness.

Yours,

Ian Logan, 01886 888419

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